

Drop-In Sessions Now Available In North Yorkshire

Are you a parent or professional in the area who is looking to find out more information about what The Sleep Charity do and how we can help with children's sleep issues?

We are now offering drop in sessions on:

Wednesday 7th April 10.00am - 11.00am

Monday 12th April 11.30am - 12.30pm

Wednesday 21st April 3.30pm - 4.30pm
(aimed at schools/ special schools)

Friday 14th May 11.30am - 12.30pm

Friday 21st May 4.00pm - 5.00pm

Wednesday 2nd June 9.30am - 10.30am

Friday 4th June 9.30am - 10.30am

To join, please use this link:

<https://us02web.zoom.us/j/4022628157?pwd=eFVpUmwzOU3d3FScVd2UWRMS2hhdz09>

Meeting ID: 402 262 8157
Passcode: 2020

To find out more please contact **Claire** on support@thesleepcharity.org.uk

We look forward to seeing you there



@thesleepcharity