

**Autumn / Winter 2022 / 23**  
 5/9, 26/9, 17/10, 7/11,  
 28/11, 19/12, 9/1, 30/1

# What's On The Menu?

**MONDAY**  
**Authentic Italian**

**TUESDAY**  
**Family Faves**

**WEDNESDAY**  
**Baking British**

**THURSDAY**  
**Food Festival**

**FRIDAY**  
**Fun Day**



**Beef Bolognese**  
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Cowboy Pie**  
 Mash topped Sausage & Bean Pie with Carrots

**Roast Chicken Sage & Onion Stuffing**  
 Crispy Roasties & Fresh Veggies & Gravy

**Mild Chilli Beef & Cheese Homemade Nachos**  
 Oven Baked Potato Wedges & Sweetcorn

**Golden Fish Fingers (MSC)**  
 Choose Salmon or Pollock, Chips & Baked Beans



**Veggie Bolognese**  
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Veggie Cowboy Pie**  
 Mash topped Veggie Sausage & Bean Pie with Carrots

**Cheese, Veg & Spinach Puff Pastry Roll**  
 Crispy Roasties & Fresh Veggies & Gravy

**Cheese & Veggie Homemade Nachos**  
 Oven Baked Potato Wedges & Sweetcorn

**Crispy Bean & Vegetable Fingers**  
 Chips



**Hot Tomato Pasta**  
 with or without Grated Cheese on top



**Crispy Skin Jacket Potatoes**  
 Choice of Tasty Toppings



**Pick & Mix Packed Lunch**  
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



**Toffee Apple Slices**  
 topped with Vanilla Ice Cream

**Crispy Chocolate Cornflake Cakes**

**Golden Syrup Sponge**

**Pineapple Upside Down Cake**

**Chewy Flapjack**

**FOOD FESTIVAL**  
 By Aspens

**AVAILABLE EVERY DAY**



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



**Week One**

Autumn / Winter 2022 / 23  
12/9, 3/10, 24/10, 14/11,  
5/12, 26/12, 16/1, 6/2

# What's On The Menu?

MONDAY

Authentic  
Italian

TUESDAY

Family  
Faves

WEDNESDAY

Baking  
British

THURSDAY

Food  
Festival

FRIDAY

Fun  
Day



The Main  
Event



Meat Free  
Magic



Pasta  
Stop



Jacket  
Bar



Packed  
Lunch  
Station



Dessert  
Stop

## Meat Free Monday!

Choose either our tasty  
Margherita Pizza or our  
Veggie Supreme

Served with  
Pasta Salad &  
Mixed Crudites

## Classic Beef Burger

in a Bun with Oven Baked  
Wedges & Garden Peas

## Super Veggie Burger

in a Bun with Oven Baked  
Wedges & Garden Peas

## Roasted Gammon Joint

Crispy Roasties, Fresh  
Veggies & Gravy

## Veggie Sausage & Root Veg Traybake

Crispy Roasties, Fresh  
Veggies & Gravy

## Not So Spicy Chicken Tikka Masala

Wholegrain Rice,  
Turmeric Carrots & Peas

## Creamy Vegetable Korma

With Wholegrain Rice,  
Turmeric Carrots & Peas

## Golden Fish Fingers (MSC)

Choose Salmon or Pollock,  
Chips & Baked Beans

## Crispy Bean & Vegetable Fingers

Chips

## Hot Tomato Pasta

with or without Grated Cheese on top

## Crispy Skin Jacket Potatoes

Choice of Tasty Toppings

## Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Jelly  
& Fruit Slices

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy  
Vanilla Cookie

**FOOD  
FESTIVAL**  
By Aspens

AVAILABLE  
EVERY DAY



Homemade Bread, Salad,  
Choice of Fresh Fruit & Yoghurt



Week  
Two



Autumn / Winter 2022 / 23  
19/9, 10/10, 31/10, 21/11,  
12/12, 2/1, 23/1, 13/2

# What's On The Menu?

**MONDAY**  
Authentic  
Italian

**TUESDAY**  
Family  
Faves

**WEDNESDAY**  
Baking  
British

**THURSDAY**  
Food  
Festival

**FRIDAY**  
Fun  
Day



<b>Cheese &amp; Tomato Pizza Melt Baguette</b> with Wholegrain Pasta & Sweetcorn Salad	<b>Toad in the Hole</b> with Creamy Mash, Green Beans & Gravy	<b>Roast Chicken &amp; Sage &amp; Onion Stuffing</b> with Crispy Roasties & Fresh Veggies & Gravy	<b>Homemade Chicken Nuggets</b> with Oven Baked Wedges & Broccoli	<b>Golden Fish Fingers (MSC)</b> Choose Salmon or Pollock, Chips & Baked Beans
<b>Tomato &amp; Mozzarella Gnocchi Traybake</b> with Wholegrain Pasta & Sweetcorn Salad	<b>Quorn Toad in the Hole</b> with Creamy Mash, Green Beans & Gravy	<b>Quorn Roast</b> with Crispy Roasties, Fresh Veggies & Gravy	<b>Crunchy Topped Macaroni Cheese</b> with Oven Baked Wedges & Broccoli	<b>Baked Beans &amp; Vegetable Fingers</b> Chips
<b>Hot Tomato Pasta</b> with or without Grated Cheese on top				
<b>Crispy Skin Jacket Potatoes</b> Choice of Tasty Toppings				
<b>Pick &amp; Mix Packed Lunch</b> Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
<b>Sticky Banana Pudding</b>	<b>Chocolate Oat Cake</b>	<b>Vanilla Sprinkle Sponge</b>	<b>Apple Crumble</b>	<b>Shortbread</b>

**FOOD FESTIVAL**  
By Aspens

AVAILABLE EVERY DAY  
Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



**Week Three**